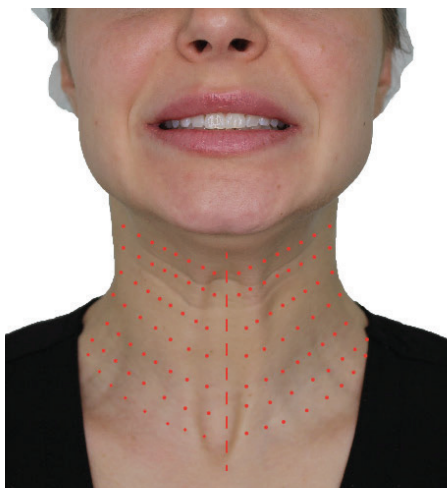


### Treatment Protocol

#### Step 1: Movement



**Product**

Xeomin

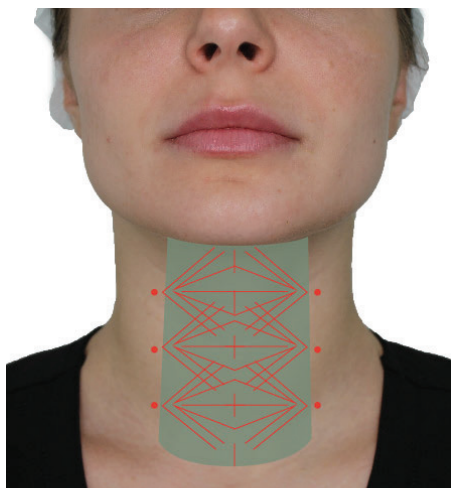
**Amount**

100 Units

**Technique**

Superficial Wheel

#### Step 2: Volume



**Product**

Radiesse + Gradient 1:3

**Amount**

2 Syringes

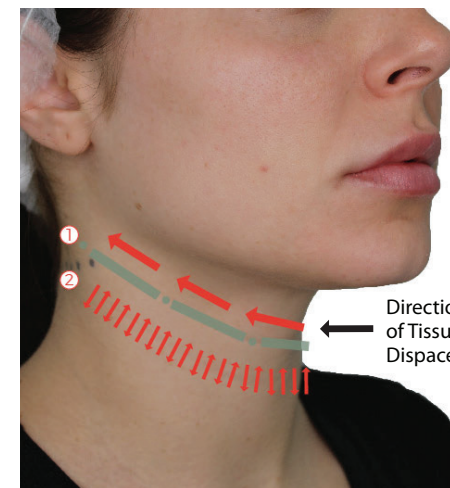
**Technique**

Retrograde/Cannula



2-4  
Weeks  
Later

#### Step 3: Refinement



**Product**

Belotero + Gradient 1:0.5

**Amount**

1-2 Syringes

**Technique**

1: Retrograde/Cannula

2: "Blanching"/Needle

Same Day



### Step 1: Product Prep



Dilution:  
4 ml of 0.9% NS  
per 100 Units

Dosage:  
100 Units

Final Volume:  
4 ml

### Step 2: Product Prep



Gradient Radiesse  
1:3 Dilution

Dosage:  
1-2 Syringes

Final Volume:  
6-12 ml

### Step 3: Product Prep



Gradient Belotero  
1:0.5 dilution

Dosage:  
1-2 syringes

Final volume:  
1.5-3 ml

### Pearls

- Start in the periphery and proceed centrally
- Change needles often to reduce the chance of bruising
- Inject sitting up
- Inject both muscle cords and the area in between
- Extend injection from the lower jaw all the way to the top of clavicle

### Pearls

- Mark the midline, the area of injection, and entry points
- Ice entry points prior to using pilot needle
- When treating, make sure you cross over the midline on each side
- Use your non-injecting hand to stretch the skin for easiest entry and product deposition
- Stay in a single plane

### Pearls

- Start by cannula entering in the periphery and moving centrally
- Make sure you mark and cross the midline when working with cannula
- Use your non-injecting hand to displace tissue opposite to the cannula movement
- Finish with transverse application using “blanching technique”
- Always advise patient that complete resolution of horizontal lines is NOT realistic